

# Department of

SENIOR PROGRAMS AND SERVICES

2021 Executive Proposed Budget

# Core Programs & Functions

1. **ACCESS SERVICES:** Case Management, Escort-Assisted Transportation, Health Insurance I & A and Counseling, Hunger Relief & Food Insecurity Programs, Information and Assistance, NY Connects I&A and Person Centered Counseling, Public Information & Transportation
2. **NUTRITION PROGRAMS:** Congregate Meals, Farmer's Market Program, Health Promotion with Exercise Programs, Home Delivered Meals, Nutrition Counseling & Education
3. **IN-HOME CONTACT & SUPPORT SERVICES:** Homemaker/Personal Care Services, Housekeeper/Chore Services, In-Home Ancillary Services, Personal Emergency Response Systems, In-Home Contact and Support & Participant Directed Services for Home Care
4. **SUPPORTING CAREGIVERS:** Caregiver and Relative Caregiver Counseling, Support Groups & Training, Caregiver and Relative Caregiver Information & Assistance, Caregiver Public Information, Caregiver Resource Centers, Personal Locator Services, Respite & Social Adult Day Care

# Core Programs & Functions

5. **ACTIVITIES FOR HEALTH, INDEPENDENCE & LONGEVITY:** Foster Grandparent Program, Intergenerational Programs, Senior Center Recreation & Education, Special Events & Volunteer Programs
6. **DISEASE PREVENTION & HEALTH PROMOTION:** Cancer Screenings & Education, Chronic Disease Self-Management Programs, Disease Prevention Programs, Integrated, Evidence-Based & Sustainable Participant Directed Services & Telehealth Services
7. **ELDER JUSTICE PROGRAMS:** Elder Abuse Education and Intervention Programs, Guardianship & Legal Assistance
8. **SUPPORTING AGING IN PLACE – Age Friendly Westchester:** Livable Communities Education, Livable Communities Outreach and Public Information

# Budget Summary

ITEM	2020	2021
Operating Positions	1	1
Trust Positions	31	31
<b>TOTAL POSITIONS</b>	<b>32</b>	<b>32</b>
Personal Service	\$5,134,882	\$5,249,092
Equipment	\$0	\$0
Materials & Supplies	\$623,471	\$535,080
Contractual Expenses	\$12,809,124	\$10,393,698
Inter-Departmental Charges	\$797,692	\$844,847
<b>TOTAL EXPENDITURES</b>	<b>\$19,365,169</b>	<b>\$17,022,717</b>

# Budget Summary

ITEM	2020	2021
Inter-Departmental Revenue	\$290,720	\$290,720
Departmental Revenue (includes citizen contributions, nutrition supplement and contractor match)	\$2,143,149	\$2,216,803
State & Federal Aid	\$12,962,240	\$10,388,741
<b>TOTAL REVENUE</b>	<b>\$15,396,109</b>	<b>\$12,896,264</b>
<b>DEPARTMENT TAX LEVY</b>	<b>\$3,969,060</b>	<b>\$4,126,453</b>
Total Revenue + Tax Levy	\$19,365,169	\$17,022,717

# Stimulus Funding allocated for services that support:

- Social isolation - caregiver coaching virtual classes, telephone reassurance
- Food insecurity/ grocery bags delivered
- Protective equipment/supplies delivery
- Public information/Living the later years newspaper
- Kinship educational assistance/ remote learning support for grandparents
- Transportation – taxi service program for Elder Abuse Prevention program participants to be safely transported to court visits, lawyer, post office

# New Initiatives & Highlights

## **Living the Later Years Newspaper**

- The DSPS Living the Later Years Newspaper will be distributed quarterly to over 141,000 Westchester households. The paper will provide information on federal, state and county policies as well as serve as an important medium for learning about DSPS activities and events.
- Living the Later Years will assist readers with their daily lives. It will provide a wealth of useful information that helps people go about their daily business and offer news of importance to our communities. Moreover, seniors with or without the benefit of technology will be kept informed.

## **Livable Communities Caregivers Coaching + Program**

- The program prepares volunteers for an enhanced “good neighbor” role as Caregiver Coaches, they are people who provide support and information to family caregivers. Uniquely, this program uses the telephone as its communication platform, which makes it adaptable to all situations and geographies. We have expanded the curriculum to cover COVID-19 resources and valuable information and tips on social isolation and loneliness. Seventeen additional coaches have been trained in this expanded curriculum.

## **TIPS-INTouch Program**

- Modeled after the Telehealth Intervention Programs for Seniors (TIPS) that delivers remote patient monitoring targeting seniors with high health risk and access to a variety of social services or wrap around services for older adults. We are now offering TIPS In-Touch a telephone reassurance program to keep seniors connected to health resources.

## **TIPS -at- Home Program**

- Telehealth at Home Program is designed for home-bound or sheltering-in-place seniors in response to the Covid19 pandemic. The goal is to remotely track and monitor participants using a pulse oximeter. Participants are provided a continuous link to health providers through regular tracking of symptoms and physiologic data while at home.

## **Health for Life Programs (HeLP) LIVE Workshop (Virtual)**

- This free online workshop is offered by Westchester County Department of Senior Programs and Services for older adult residents and their caregivers. The workshop meets once a week for 6 weeks. It is highly interactive with plenty of opportunity to connect with others and learn to better manage your health. Workshop sessions are scheduled at day and time convenient to participants.